

A Guide to Managing **Skin Tears**



Don't Underestimate Skin Tears

Despite the common perception that skin tears are minor wounds, they can be painful, slow healing, and impact a patients' quality-of-life. Skin tears often are challenging because of the co-morbidities and the physical changes that come with aging.¹

Best Practice Consensus Statement

International Skin Tear Advisory Panel (ISTAP) provides "Practice Pearls" for wound dressing selection. The following is their consensus statement on skin tears and best practice:²

Care should be taken to choose a topical dressing that will:

- Decrease trauma to the wound and peri-wound skin
- · Provide moist wound healing
- Manage exudate
- Decrease pain
- Be cost-effective

Where Do ACELITY™ Products Fit In?

Each component of the Skin Tear Product Selection Guide was voted on by the ISTAP group of expert reviewers, and more than 80% agreement was achieved on each component.³

Below shows the ISTAP reviewers degree of product agreement on products within each category:³



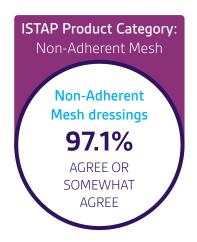
Available ACELITY™ Products:

- PROMOGRAN PRISMA™ Matrix
- SILVERCEL[™] NON-ADHERENT Antimicrobial Alginate Dressing with EASYLIFT[™] Precision Film Technology



Available ACELITY™ Products:

- TIELLE[™] Silicone Border
 Hydropolymer Dressing with
 Silicone with LIQUALOCK[™]
 Technology
- TIELLE ESSENTIAL™ Silicone Adhesive Foam Dressing



Available ACELITY™ Products:

- ADAPTIC[™] Non-Adhering Dressing
- ADAPTIC TOUCH[™]
 Non-Adhering Silicone
 Dressing

A PERVASIVE CHALLENGE IN LONG-TERM CARE (LTC) SETTINGS

Because elderly and the chronically or acutely ill have an increased risk of skin tears they are commonplace in LTC settings. Some researchers have hypothesized that the prevalence rates of skin tears are equal or greater than those of pressure ulcers.^{4,5}



Several studies of LTC settings have reported skin tear prevalence rates between 14% and 42%. 6,7-9

Dressing Selection Specific to Skin Tears

Do not suture or staple due to the fragility of the skin.

	Wound Characteristics	ACELITY™ Primary and Cover Dressing Application Instructions
	Skin tear without tissue loss	1. Prepare the wound bed: Cleanse wound of debris and blood clots, dry surrounding skin
	No skin loss (linear) or flap can be repositioned to cover the entire wound bed	Follow institutional protocol to secure flap (if applicable)
The second second	wound bed	3. Assess the level of exudate and apply PROMOGRAN PRISMA™ Matrix (for partial or total flap loss): For minimal to low exudate, use saline to moisten the matrix
经验验证 人类的	Partial flap loss	and initiate transformation into gel
	Flap cannot be repositioned to cover the entire wound bed	4. Cover with an appropriate cover dressing from the TIELLE™ Dressings Family per clinician preference, such as: TIELLE™ Non Adhesive Hydropolymer Dressing with LIQUALOCK™ Technology or TIELLE™ Silicone Border Hydropolymer Dressing with Silicone with LIQUALOCK™ Technology • If TIELLE™ Non Adhesive Dressing is
	Total flap loss	used, secure in place with an appropriate secondary dressing
A STATE OF THE STA	Entire wound bed	, ,
	is exposed	5. Reapply PROMOGRAN PRISMA™ Matrix: If gel has not biodegraded it is not necessary to remove. When product is no longer visible, reapply per clinician recommendation

IOGRAN PRISMA™ Matrix	(
Size	UOM packaged	SKU	HCPCS code
4.34 sq. in Hexagon	10 eaches/CT 4 CT/BX	MA028	A6021
19.1 sq. in Hexagon	10 eaches/CT 4 CT/BX	MA123	A6022
E™ Non-Adhesive Hydrop	olymer Dressing with LIQUALOCK™	Technology	
Size	UOM packaged	SKU	HCPCS code
2" x 2"	10 eaches/CT 5 CT/BX	TLN0505EN	A6209
4" x 4"	10 eaches/CT 5 CT/BX	TLN1010EN	A6209
6" x 6"	10 eaches/CT 5 CT/BX	TLN1515EN	A6210
7" × 7"	5 eaches/CT 5 CT/BX	TLN1717EN	A6211
8" x 8.6"	5 eaches/CT 5 CT/BX	TLN2122EN	A6211
E™ Silicone Border Hydro _l	polymer Dressing with Silicone with	n LIQUALOCK™ Technology	
2 ³ / ₄ " x 3 ¹ / ₂ "	10 eaches/CT 5 CT/BX	TLSB0709EN	A6212
4" x 4"	10 eaches/CT 5 CT/BX	TLSB1010EN	A6212
5" x 5"	10 eaches/CT 5 CT/BX	TLSB1212EN	A6212
7" × 7"	10 eaches/CT 5 CT/BX	TLSB1717EN	A6213
8 ¹ / ₄ " x 8 ⁵ / ₈ "	10 eaches/CT 5 CT/BX	TLSB2122EN	A6213
TIC TOUCH [™] Non-Adheri	ng Silicone Dressing		
Size	UOM packaged	SKU	HCPCS code
2" x 3"	10 eaches/CT 5 CT/BX	500501	A6206
3" x 4 ¹ / ₄ "	10 eaches/CT 5 CT/BX	500502	A6206
5" x 6"	10 eaches/CT 5 CT/BX	500503	A6207

To learn more about the benefits PROMOGRAN PRISMA™ Matrix and TIELLE™ Non-Adhesive Dressings, call 800-275-4524 or visit acelity.com

- 1. LeBlanc K, Christensen D, Johnston V. Managing skin tears in the elderly population with Adaptic Touch Non-Adhering Silicone Dressing: A case series. Presented at: Canadian Association of Wound Care Annual
- Conference; November 3-6, 2011. Ottawa, CA.

 2. LeBlanc K, Baranoski S, Christensen D, et al. The art of dressing selection: A consensus statement on skin tears and best practice. Advances in Skin and Wound Care. 2016;(1):32-46.
- 3. LeBlanc K, Baranoski B, Christensen D, et al. International Skin Tear Advisory Panel: a tool kit to aid in the prevention, assessment, and treatment of skin tears using a simplified classification system. Advances in Skin and Wound Care. 2013;26(10):459-476.
- 4. Carville K, Smith JA. Areport on the effectiveness of comprehensive wound assessment and documentation in the community. *Primary Intention*. 2004;12(1):41-49.

 5. Holmes RF, Davidson MW, Thompson BJ, Kelechi TJ. (2013). Skin Tears: care and management of the older adult at home. *Home Healthcare Nurse*. 2013;31(2):90-103.
- 6. McErlean B, Sandison S, Muir D, Hutchinson B, Humphreys W. Skin tear prevalence and management at one hospital. Primary Intention. 2004; 12(2): 83-86, 88.
- 7. Everett S & Powell T. Skin tears the underestimated wounds. *Primary Intention*. 1994; 2(1):28-31.
- 8. LeBlanc K, Christensen D, Cook, J, Culhane, B, Gutierrez O. Prevalence of skin tears in a long term care facility. Journal of Wound Ostomy and Continence Nursing. 2013;40(6):580-4.
- 9. Santamaria N, Carville K, Prentice J. Woundswest: identifying the prevalence of wounds within western Australia's public health system. EWMA Journal. 2009;9(3):13-18.

NOTE: Specific indications, contraindications, warnings, precautions and safety information may exist for Systagenix products. Please consult a healthcare provider and product instructions for use prior to application. Rx only.

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